



## **innovation Research & Training, Inc.**

Address: 1415 W. NC Highway 54, Suite 121, Durham NC 27707

Voice: 919 493-7700 Fax: 919 493-7720

### **Dear Student,**

We are asking you to try out a new online training program for new mentees and tell us what you think about it.

Please read this letter which contains information to help you decide if you want to help us. Please ask your parent or guardian as many questions as you want to be sure you understand what will happen and what you will do. You can also email us at [mentoringprojects@irtinc.us](mailto:mentoringprojects@irtinc.us) or call us at 919-493-7700 and we will be happy to answer your questions.

### **What is the purpose of this research project?**

We want to get your opinions about a new online training program. The program is designed to teach new mentees and their parents or guardians about the mentoring relationship.

For our project, we are asking you to answer a few questionnaires and complete the online training to help us see how well the program is working.

### **What will I have to do?**

If you agree to participate, you will be asked to do three main things:

- 1) Complete some online questionnaires;
- 2) Complete an online training; and
- 3) Complete some follow-up online questionnaires.

You will be randomly assigned to a group, which will determine the order in which you do these things. If you are in the immediate training group then you will fill out your first questionnaires, and then have two weeks to complete your online training and the follow-up questionnaires.

If you are in the delayed training group then you will receive the first questionnaires and then a week later you will receive the ~~follow-up~~ **final** questionnaires. You will be given access to the training after you complete the follow-up questionnaires.

In total, the entire project will take approximately 1 hour.

Your parent/guardian has given permission for you to help us by being in the study, but you still decide for yourself if you want to do it or not.

### **Will my answers be kept private?**

Yes, all of your answers will be kept private. Your name will not be on anything we keep for this project.

### **What happens if I don't participate in the project?**

You do not have to be in this project unless you want to. If you decide to be in the project, you do not have to answer any of the questions or participate in any of the activities that you don't want to. You can choose to quit this project at any time without penalty or consequence.

**Are there any risks to being in the project?**

No, we do not think there are any real risks to you. As indicated above, you don't have to participate in parts of the online program [or interview](#) if you don't want to.

**Will anything good happen as result of being in this project?**

This project's goal is to create a program that has the potential to help a lot of children, like yourself. Your help will improve this program.

**Will I get anything for being in the project?**

Yes, you will be paid \$15 for your participation. You will receive \$5 for finishing the first questionnaire and \$10 for completing the second questionnaire.

**Who should I contact if I have any questions about the project?**

The project is being done by Dr. Rebecca Stelter and Dr. Janis Kupersmidt of innovation, Research, and Training, Inc. If you have any additional questions or concerns at any point during your participation in this project, please contact Dr. Stelter, at (919) 493-7700, email: [rstelter@irtinc.us](mailto:rstelter@irtinc.us).

If you have any questions or concerns about your rights as a research participant or how you were treated, you or your parent/guardian should contact Barbara Goldman, Ph.D., Chair of the iRT Institutional Review Board (IRB), [which reviewed and approved this study](#), at [barbara\\_goldman@unc.edu](mailto:barbara_goldman@unc.edu) or 919-966-7169.

**Thank you for your help!**

**Sincerely,**

**Rebecca Stelter, Ph.D., Principal Investigator  
Innovation Research and Training, Inc.**

## YOUTH ASSENT

**In this study, you will be asked to:**

- Complete two sets of questionnaires about the mentoring relationship
- Review a new online mentee training program

Participation is voluntary and participants can stop at any time. All responses will be kept confidential.

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- Yes, I agree to participate in the study.

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Type your name

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Date